

SC Senior Sports Classic 2009

OFFICIAL RECORDS STATE RECORDS

CYCLING – 1 MILE

W

50 - 54	Pamela Shealey	03:23.0	2008
55 - 59	Betty Mandell	02:38.0	2008
60 - 64	Ann Witt	03:14.0	1992
65 - 69	Betty Mandell	03:10.0	2001
70 - 74	Betty Mandell	2:48:10	2007
75 - 79	Ann Witt	04:49.0	2007
80 - 84	Hazel Wentz	05:59.0	1992
85 - 89	---		
90 +	---		

M

50 - 54	David Gouldthorp	2:22	1997
55 - 59	Richard Hayes	2:17	1997
60 - 64	Hans Vaneldik	2:11	2001
65 - 69	Hans Vaneldik	2:01	2006
70 - 74	Ray Guest	1:72	1998
75 - 79	Rich Mandell	2:16	2006
80 - 84	Ray Wylie	3:22	1992
85 - 89	---		
90 +	---		

CYCLING - 5K

W

50 - 54	Pamela Shealy	11:36	2008
55 - 59	Harriet Weaver	10:00	2002
60 - 64	Betty Mandell	9:38	1996
65 - 69	Betty Mandell	10:42	2004
70 - 74	Betty Mandell	11:17	2006
75 - 79	Ann Mikell	21:31	2000
80 - 84	---		
85 - 89	---		
9 +	---		

M

50 - 54	David Gouldthorp	9:30	1997
55 - 59	R. Webster	7:51	1996
60 - 64	Hans Vaneldik	7:39	2000
65 - 69	Hans Vaneldik	7:31	2004
70 - 74	Rich Mandell	8:58	2000
75 - 79	Rich Mandell	9:17	2006
80 - 84	---		
85 - 89	---		
90+	---		

CYCLING – 10K**W**

50 – 54	Janet Theil	19:25	2009
55 – 59	Mary Gnage	20:06	2001
60 – 64	Mary Gnage	20:45	2004
65 – 69	Betty Mandell	20:45	2001
70 – 74	Betty Mandell	22:14	2006
75 – 79	---		
80 – 84	---		
85 – 89	---		
90+	---		

M

50 – 54	R. Chambers	14:39	2006
55 – 59	Barry Schneiderman	16:00	2009
60 – 64	Hans Vaneldik	15:37	2001
65 – 69	Peter Sandell	15:16	2003
70 – 74	Rich Mandell	17:33	2000
75 – 79	Rich Mandell	18:28	2006
80 – 84	Ray Wylie	22:10	1992
85 – 89	---		
90+	---		

RACEWALK – 1500M**W**

50 - 54	Ursula Becker	10:29	1996
55 - 59	Grace Annunziata	10:20	1996
60 - 64	Brenda Compton	09:30.8	2000
65 – 69	Millie Pihoda	10:27.0	2000
70 – 74	Millie Pihoda	11:19.3	2004
75 – 79	J. Panaccione	13:40.6	2004
80 – 84	---		
85 – 89	---		
90 +	---		

M

50 – 54	Dennis Willoughby	11:15	2008
55 – 59	H. Looser	8:56	1997
60 – 64	H. Looser	07:21.2	2000
65 – 69	H. Looser	09:01.5	2004
70 – 74	L. Sloan	9:37	1996
75 – 79	W. Scully	09:44.8	1994
80 – 84	W. Scully	10:54.1	2000
85 – 89	---		
90+	---		

RACEWALK – 5K**W**

50 - 54	Joan Mulvihill	24:56:00	1996
55 - 59	Jewan Bongiorno	22:41	1996
60 - 64	Garthedon Embler	26:29:00	1996
65 – 69	Diane Lawrence	36:25.6	2006
70 – 74	Anne Powell	39:06:00	1994
75 – 79	---		
80 – 84	---		
85 – 89	---		
90 +	---		

M

50 – 54	John Humphrey	39:14:00	2003
55 – 59	Jerry Gunther	23:58	1996
60 – 64	Ron Monroe	29:50:00	1996
65 – 69	Robert Gray	23:38	1996
70 – 74	Joseph Biersteker	34:25:00	1994
75 – 79	Walter Scully	35:03:00	1994
80 – 84	Walter Scully	40:20.1	1998
85 – 89	---		
90+	---		

5K Run (Road Course)**W**

50 – 54	Bonnie Sotite	23:35	2008
55 – 59	Jean Bongiorno	22:21.5	1994
60 – 64	Marge Hoffman	24:26.3	1994
65 – 69	Jean Bongiorno	26:31:00	2006
70 – 74	Marge Hoffman	25:18:00	2000
75 – 79	---		
80 – 84	---		
85 – 89	---		
90+	---		

M

50 – 54	Jack Todd	19:56.8	2004
55 – 59	Dick Ashley	19:18.1	1997
60 – 64	Robert Gray	20:32.9	1992
65 – 69	Dick Lyons	19:43.9	1992
70 – 74	Franklin Mason	24:18.2	1997
75 – 79	Paul Porter	31:03.1	2004
80 – 84	Al Nellis	40:30.1	1992
85 – 89	George Boucher	36:37.0	2000
90+	---		

SOFTBALL THROW**W**

50 – 54	Dicksie Knight	102'3"	1998
55 – 59	Judith Legates	125'5"	1998
60 – 64	Shirley Majoriello	98'8"	2000
65 – 69	Doris Struthers	93'4"	1998
70 – 74	Eunice Knox	50'0"	2009
75 – 79	Lorena Stanton	67'3"	2000
80 – 84	Norma Grice	54'5"	2006
85 – 89	Catherine Causey	44'6"	2003
90+	Catherine Causey	33'9"	2007

M

50 – 54	Doug Felder	200'0	2000
55 – 59	Pearly Mack	187'8"	1994
60 – 64	Pearly Mack	204'1"	1995
65 – 69	Bobby Baker	181'6"	1994
70 – 74	Norman Wall	160'1"	2000
75 – 79	Marvin Schoon	109'6"	2003
80 – 84	Bill Beck	96'6"	1998
85 – 89	Al Nellis	47'8"	1998
90+	Al Nellis	45'6"	2000

SWIMMING - 50 M FREESTYLE**W**

50 - 54	Joan Mulvihill	01:06.2	1996
55 - 59	Helen Golan	41	1998
60 - 64	Sue Jones	38.75	1995
65 – 69	Jacqueline Houck	40.57	1994
70 – 74	Nancy Hubbard	39.56	1997
75 – 79	Libby Poole	48.65	1994
80 – 84	Gretchen Mack	01:20.2	1998
85 – 89	---		
90 +	---		

M

50 – 54	Ronald Charles	44.5	1997
55 – 59	William Robertson	28.04	1995
60 – 64	William Robertson	29.11	1996
65 – 69	Darrell Werts	34.07	1992
70 – 74	Darrell Werts	35.04	1994
75 – 79	Albert Hess	43.11	1994
80 – 84	George Martin	44.26	1995
85 – 89	George Martin	44.93	1998
90+	---		

SWIMMING – 100 M FREESTYLE**W**

50 – 54	Joan Mulvihill	02:31.0	1994
55 – 59	Nancy McPhee	01:55.8	1992
60 – 64	Sue Jones	01:33.8	1995
65 – 69	Jacqueline Houck	01:34.2	1995
70 – 74	Naomi Nola	01:50.3	1996
75 – 79	Libby Poole	01:59.3	1996
80 – 84	Geneva Khars	02:23.2	1996
85 – 89	---		
90+	---		

M

50 – 54	Ronald Charles	01:43.3	1997
55 – 59	William Robertson	01:03.8	1995
60 – 64	William Robertson	01:04.7	1996
65 – 69	Daryl Werts	01:22.0	1992
70 – 74	Daryl Werts	01:30.7	1994
75 – 79	Daryl Werts	01:45.8	1998
80 – 84	George Martin	01:45.8	1995
85 – 89	George Martin	01:52.0	1998
90+	---		

SWIMMING - 200 M FREESTYLE**W**

50 - 54	Joan Mulvihill	05:21.1	1996
55 - 59	Nancy McPhee	04:14.0	1992
60 - 64	Barbara Merin	03:30.5	1998
65 – 69	Daisy Walsh	04:29.2	1996
70 – 74	Libby Poole	04:03.9	1992
75 – 79	Libby Poole	04:21.1	1996
80 – 84	Geneva Khars	05:23.2	1996
85 – 89	---		
90 +	---		

M

50 – 54	Ronald Charles	01:13.8	1997
55 – 59	William Robertson	02:30.4	1995
60 – 64	William Robertson	3:30:57	1996
65 – 69	Kenneth Dawson	03:05.5	1998
70 – 74	Darrell Werts	03:29.6	1994
75 – 79	Horace Harby	04:11.2	1992
80 – 84	George Martin	44.26	1995
85 – 89	---		
90+	---		

SWIMMING – 400 M FREESTYLE**W**

50 – 54			
55 – 59	Corky Palm	08:29.1	1998
60 – 64	Barbara Merin	07:35.1	1998
65 – 69	Daisy Walsh	09:14.4	1998
70 – 74	Libby Poole	09:02.7	1994
75 – 79	Libby Poole	09:10.0	1998
80 – 84	Geneva Khars	11:20.8	1996
85 – 89	---		
90+	---		

M

50 – 54	Ronald Charles	09:16.7	1998
55 – 59	William Robertson	05:46.0	1994
60 – 64	William Robertson	05:31.2	1996
65 – 69	Stewart Stiling	06:53.0	1998
70 – 74	Daryl Werts	07:24.3	1994
75 – 79	---		
80 – 84	Ray Wylie	10:47.09	1992
85 – 89	---		
90+	---		

SWIMMING - 50 M BACKSTROKE**W**

50 - 54	Joan Mulvihill	01:13.1	1996
55 - 59	Helen Colan	46:55.0	1998
60 - 64	Sue Jones	48:36.0	1995
65 – 69	Jacqueline Houck	47:52.0	1994
70 – 74	Nancy Hubbard	45:22.0	1997
75 – 79	Geneva Khars	01:02.2	1992
80 – 84	Margaret Yockey	01:13.9	1992
85 – 89	---		
90 +	---		

M

50 – 54	Ronald Charles	53:03.0	1997
55 – 59	Ronald Polites	42:27.0	1998
60 – 64	Alan Gentry	39:39.0	1994
65 – 69	Kenneth Dawson	42:17.0	1998
70 – 74	Albert Hess	50:50.0	1992
75 – 79	Albert Hess	48:46.0	1995
80 – 84	George Martin	50:28.0	1995
85 – 89	George Martin	57:27.0	1998
90+	---		

SWIMMING – 100 M BACKSTROKE**W**

50 – 54	Joan Mulvihill	02:48.7	1996
55 – 59	Nancy McPhee	02:15.3	1992
60 – 64	Agnes Jones	01:57.8	1996
65 – 69	Jacqueline Houck	01:46.5	1994
70 – 74	Eloise Addison	02:49.2	1991
75 – 79	Geneva Khars	02:20.0	1995
80 – 84	Geneva Khars	02:47.1	1996
85 – 89	---		
90+	---		

M

50 – 54	Ronald Charles	02:02.1	1997
55 – 59	Ronald Polite	01:28.8	1997
60 – 64	Ken Dawson	01:28.3	1991
65 – 69	Ken Dawson	01:35.0	1997
70 – 74	Preston Holtzendorff	01:58.2	1992
75 – 79	Albert Hess	01:56.6	1995
80 – 84	George Martin	01:59.1	1995
85 – 89	George Martin	02:25.4	1997
90+	---		

SWIMMING - 200 M BACKSTROKE**W**

50 - 54	Caeoline Kemerling	05:58.2	1996
55 - 59	Nancy McPhee	04:44.3	1992
60 - 64	Agnes Jones	54:40.0	1994
65 – 69	Jacqueline Houck	03:53.7	1994
70 – 74	Eloise Addison	06:02.4	1992
75 – 79	Geneva Khars	05:02.9	1992
80 – 84	Geneva Khars	07:50.8	1998
85 – 89	---		
90 +	---		

M

50 – 54	Ronald Charles	04:44.1	1997
55 – 59	Alan Gentry	03:30.9	1992
60 – 64	Kenneth Dawson	03:16.6	1995
65 – 69	Kenneth Dawson	03:20.9	1998
70 – 74	Stewart Stiling	08:11.8	1998
75 – 79			
80 – 84	George Martin	04:26.5	1995
85 – 89	George Martin	04:58.5	1998
90+	---		

SWIMMING – 50 M BREASTSTROKE**W**

50 – 54	Joan Mulvihill	01:17.9	1996
55 – 59	Mary Ellyn Hall	48:19.0	1994
60 – 64	Sue Jones	52:27.0	1995
65 – 69	Jacqueline Houck	59:03.0	1996
70 – 74	Nancy Hubbard	56:46.0	1994
75 – 79	Nancy Hubbard	59:15.0	1997
80 – 84	---		
85 – 89	---		
90+	---		

M

50 – 54	David Smith	55:05.0	1996
55 – 59	Sam Knowlton	41:46.0	1992
60 – 64	Fred Kojis	42:11.0	1998
65 – 69	Bob Brown	42:36.0	1994
70 – 74	Preston Holtzendoroff	45:05.0	1991
75 – 79	Robert Blyth	55:47.0	1997
80 – 84	Louis Meyer	56:30.0	1996
85 – 89	---		
90+	---		

SWIMMING – 100 M BREASTSTROKE**W**

50 - 54	Joan Mulvihill	03:11.7	1996
55 - 59	Nancy McPhee	02:19.9	1992
60 - 64	Elizabeth Heyward	01:58.6	1998
65 – 69	Jacqueline Houck	01:59.5	1994
70 – 74	Libby Poole	01:20.2	1992
75 – 79	Libby Poole	02:34.8	1996
80 – 84	---		
85 – 89	---		
90 +	---		

M

50 – 54	Ronald Charles	02:19.4	1998
55 – 59	Sam Knowlton	01:41.2	1992
60 – 64	Kenneth Dawson	01:33.1	1994
65 – 69	Bob Brown	01:28.4	1994
70 – 74	Preston Holtzendoroff	01:48.5	1992
75 – 79	Robert Harris	02:09.9	1994
80 – 84	Ray Wylie	02:42.7	1994
85 – 89	---		
90+	---		

SWIMMING – 50 M BUTTERFLY**W**

50 – 54	Joan Mulvihill	01:22.6	1996
55 – 59			
60 – 64	Nancy McPhee	55:33.0	1994
65 – 69	Daisy Walsh	01:08.5	1998
70 – 74	Libby Poole	01:02.9	1992
75 – 79	---		
80 – 84	---		
85 – 89	---		
90+	---		

M

50 – 54	Ronald Charles	No Time	1997
55 – 59	William Robertson	35:05.0	1994
60 – 64	William Robertson	35:19.0	1996
65 – 69	Ken Dawson	39:46.0	1998
70 – 74	Randy Brabham	52:59.0	1997
75 – 79	Bill Beck	01:04.7	1996
80 – 84	Bill Beck	01:23.0	1998
85 – 89	---		
90+	---		

SWIMMING – 100 M BUTTERFLY**W**

50 - 54	---
55 - 59	---
60 - 64	---
65 – 69	---
70 – 74	---
75 – 79	---
80 – 84	---
85 – 89	---
90 +	---

M

50 – 54	Ronald Charles	02:39.4	1996
55 – 59	Alan Gentry	01:27.3	1992
60 – 64	Joseph Bongiorno	01:51.1	1998
65 – 69	Ken Dawson	01:32.8	1998
70 – 74	Randy Brabham	02:08.7	1997
75 – 79	Robert Harris	03:44.2	1996
80 – 84		---	
85 – 89		---	
90+		---	

SWIMMING 100 M MEDLEY

(no previous record)

W

50 – 54

55 – 59 Margaret Causey 1:50.12 2008

60 – 64 Dana Brown 1:28.00 2008

65 – 69

70 – 74

75 – 79

80 – 84

85 – 89

90+

M

50 – 54

55 – 59 Ronald Kock 1:12.46 2008

60 – 64

65 – 69 Carl Raichle 1:46.15 2008

70 – 74

75 – 79 Pen Calvin 2:35.69 2008

80 – 84

85 – 89

90+

SWIMMING 200 M MEDLEY**W**

50 – 54 Bonnie Sotire 3:01.71 2008

55 – 59 Margaret Causey 3:57.93 2008

60 – 64 Nancy McPhee 4:19.30 1994

65 – 69 Daisy Walsh 4:59.01 1998

70 – 74 Libby Poole 4:30.60 1992

75 – 79 Barbara Eisele 4:56.50 2008

80 – 84 ---

85 – 89 ---

90+ ---

M

50 – 54 Ronald Charles 4:54.90 1997

55 – 59 William Robertson 2:55.90 1995

60 – 64 Ken Dawson 3:09.10 1991

65 – 69 Ken Dawson 3:24.50 1998

70 – 74 Randy Brabham 4:09.90 1997

75 – 79 Daryl Wertz 5:06.00 1998

80 – 84 ---

85 – 89 ---

90+ ---

SWIMMING – 50 YARD FREESTYLE**W**

50 - 54	Bonnie Sotire	:31.18	2006
55 - 59	Jane Ludick	:59.00	2004
60 - 64	Helen Golan	:40.02	2000
65 – 69	Helen Golan	:40.05	2007
70 – 74	Nancy Hubbard	:42.24	2000
75 – 79	Barbara Eisele	:50.03	2006
80 – 84	E. Wardner	1:07.00	2004
85 – 89	---		
90 +	---		

M

50 – 54	Steve Quick	:34.50	2008
55 – 59	R. Koch	:27.24	2007
60 – 64	Hans Maeder	:32.09	2002
65 – 69	J. Williams	:33.47	2007
70 – 74	Sam Knowlton	:35.50	2006
75 – 79	Phillips Hungerford	:37.53	2005
80 – 84	Edward Jerger	:59.12	2005
85 – 89	George Martin	:54.12	2000
90+	Charles Snow	2:19.80	2006

SWIMMING – 100 YARD FREESTYLE**W**

50 - 54	Janet Thiel	1:14.28	2009
55 - 59	---		
60 - 64	Helen Golan	1:34.10	2000
65 – 69	Barbara Merin	1:26.00	2003
70 – 74	Barbara Eisele	1:48.00	2004
75 – 79	Barbara Eisele	1:51.10	2006
80 – 84	C. McCall	2:14.00	2004
85 – 89	---		
90 +	---		

M

50 – 54	Steve Quick	1:23.77	2008
55 – 59	Ron Koch	1:01.50	2007
60 – 64	Peter Lauer	1:11.65	2008
65 – 69	Sam Knowlton	1:17.60	2000
70 – 74	Sam Knowlton	1:20.00	2004
75 – 79	Phillips Hungerford	1:10.80	2005
80 – 84	Ole Larson	1:37.50	2003
85 – 89	George Martin	2:08.50	2003
90+	Charles Snow	2:19.80	2006

SWIMMING – 200 YARD FREESTYLE**W**

50 - 54	Bonnie Sotire	2:29.00	2004
55 - 59	Margaret Holt	03:42.8	2008
60 - 64	Helen Golan	4:04.00	2004
65 – 69	Barbara Merin	3:31.30	2003
70 – 74	Barbara Eisele	3:59.00	2005
75 - 79	Barbara Eisele	4:06.40	2006
80 – 84	---		
85 – 89	---		
90 +	---		

M

50 – 54	Schneiderman	3:18.00	2004
55 – 59	Ron Koch	2:24.30	2007
60 – 64	Peter Lauer	2:41.18	2008
65 – 69	Sam Knowlton	3:12.00	2000
70 – 74	Sam Knowlton	3:02.20	2005
75 – 79	Fred Ruppenthal	3:15.23	2009
80 – 84	Ole Larson	3:41.20	2003
85 – 89	EW Jerger	5:13.28	2008
90+	---		

SWIMMING – 500 YARD FREESTYLE**W**

50 - 54	Bonnie Sotire	7:06.48	2008
55 - 59	Margerar Causey	9:25.61	2008
60 - 64	Caroll Palm	10:46.00	2003
65 – 69	Barbara Merin	9:18.00	2003
70 – 74	Barbara Eisele	10:09.00	2004
75 – 79	Barbara Eisele	10:22.53	2006
80 – 84	---		
85 – 89	---		
90 +	---		

M

50 – 54	Schneiderman	9:02.00	2004
55 – 59	Ron Koch	6:09.90	2006
60 – 64	Peter Lauer	8:16.00	2008
65 – 69	Ken Anderson	8:08.10	2006
70 – 74	J. Bongiorno	8:56.00	2004
75 – 79	Fred Ruppenthal	8:33.40	2008
80 – 84	Ole Larson	9:47.00	2004
85 – 89	EW Jerger	13:48.78	2008
90+	---		

SWIMMING – 50 YARD BACKSTROKE**W**

50 - 54	---		
55 - 59	Jane Ludick	:56.01	2001
60 - 64	Helen Golan	:44.10	2001
65 - 69	Helen Golan	:45.09	2006
70 - 74	Nancy Hubbard	:56;53	2000
75 - 79	Nancy Hubbard	:51.15	2001
80 - 84	C. McCall	01:22.0	2004
85 - 89	---		
90 +	---		

M

50 - 54	C. Watson	:57.22	2007
55 - 59	Ron Koch	:32.03	2007
60 - 64	Peter Lauer	:41.92	2004
65 - 69	Ken Anderson	:41.15	2006
70 - 74	Phillips Hungerford	:43.15	2000
75 - 79	R. Thompson	:46.34	2007
80 - 84	Bob Hagman	01:16.9	2005
85 - 89	George Martin	01:04.8	2000
90+	Charles Snow	02:42.2	2006

SWIMMING – 100 YARD BACKSTROKE**W**

50 - 54	---		
55 - 59	Corky Palm	02:07.2	2001
60 - 64	Helen Golan	01:36.9	2003
65 - 69	Helen Golan	01:41.2	2006
70 - 74	Barbara Eisele	01:57.4	2001
75 - 79	Nancy Hubbard	01:56.5	2001
80 - 84	C. McCall	02:21.0	2004
85 - 89	---		
90 +	---		

M

50 - 54	Schneiderman	02:00.0	2004
55 - 59	Ron Koch	01:12.4	2006
60 - 64	Bobby Baker	02:11.6	2000
65 - 69	Ken Anderson	01:31.3	2006
70 - 74	Ron Thompson	01:38.8	2006
75 - 79	Ron Thompson	01:46.3	2007
80 - 84	Bob Hagman	02:53.1	2005
85 - 89	---		
90+	---		

SWIMMING – 200 YARD BACKSTROKE**W**

50 - 54	Bonnie Sotire	3:16.13	2008
55 - 59	Margerat Holt	4:31.19	2008
60 - 64			
65 - 69			
70 - 74			
75 - 79			
80 - 84			
85 - 89			
90 +			

M

50 - 54			
55 - 59	Steven Conover	3:23.44	2009
60 - 64			
65 - 69			
70 - 74	Sam Knowlton	4:12.94	2008
75 - 79			
80 - 84			
85 - 89			
90+			

SWIMMING – 200 YARD BACKSTROKE**W**

50 - 54	Caroline Kemerling	4:13.38	2008
55 - 59	Margaret Causey	4:07.01	
60 - 64	Helen Golan	03:52.0	2004
65 - 69	Helen Golan	03:49.6	2007
70 - 74	Barbara Eisele	04:17.8	2001
75 - 79	Katherine McCall	05:17.1	2000
80 - 84	Katherine McCall	05:01.0	2005
85 - 89	---		
90 +	---		

M

50 - 54			
55 - 59	Steven Conover	3:25.91	2008
60 - 64	Ronald Polites	3:34.09	2008
65 - 69	Ronald Thompson	03:55.6	2001
70 - 74	Ronald Thompson	03:49.4	2003
75 - 79	Ronald Thompson	03:50.8	2007
80 - 84			
85 - 89	Bob Hagman	06:29.6	2005
90+	---		

SWIMMING – 50 YARD BREASTSTROKE**W**

50 - 54	---		
55 - 59	Margaret Holt	:56.46	2008
60 - 64	Dana Brown	:41.35	2008
65 - 69	E. Haywood	55:10	2002
70 - 74	E. Haywood	:55.37	2006
75 - 79	Libby Poole	01:12.4	2000
80 - 84	Eileen Wardner	01:59.0	2003
85 - 89	---		
90 +	---		

M

50 - 54	C. Watson	:56.46	2008
55 - 59	Ron Koch	:35.56	2007
60 - 64	Walt Lancaster	:45.00	2004
65 - 69	Walt Lancaster	:44.63	2008
70 - 74	Sam Knowlton	:46.22	2006
75 - 79	Phillips Hungerford	:55.50	2004
80 - 84	Ole Larson	:56.20	2004
85 - 89	---		
90+	---		

SWIMMING – 100 YARD BREASTSTROKE**W**

50 - 54	Bonnie Sotire	1:33.10	2006
55 - 59	Margaret Holt	2:00.65	2008
60 - 64	Dana Brown	1:31.07	2008
65 - 69	Helen Golan	1:46.10	2007
70 - 74	Elizabeth Hayward	2:02.70	2006
75 - 79	Libby Poole	2:47.50	2000
80 - 84	Eilene Wardner	4:41.40	2003
85 - 89	---		
90 +	---		

M

50 - 54	---		
55 - 59	Ron Koch	1:17.70	2006
60 - 64	Carl Raichlee	1:52.00	2004
65 - 69	Penn Colvin	2:13.60	2000
70 - 74	Sam Knowlton	1:53.80	2006
75 - 79	Phillips Hungerford	2:28.22	2008
80 - 84	Ole Larson	2:11.00	2004
85 - 89	---		
90+	---		

SWIMMING – 200 YARD BREASTSTROKE**W**

50 - 54	Janet Theil	03:20.3	2009
55 - 59	---		
60 - 64	---		
65 - 69	---		
70 - 74	---		
75 - 79	---		
80 - 84	---		
85 - 89	---		
90 +	---		

M

50 - 54	---		
55 - 59	Steven Conover	03:50.2	2009
60 - 64	---		
65 - 69	---		
70 - 74	Richard Zaino	05:59.96	2009
75 - 79	Homer Halsey	07:37.23	2009
80 - 84	---		
85 - 89	---		
90+	---		

SWIMMING – 50 YARD BUTTERFLY**W**

50 - 54	---		
55 - 59	Margerat Causey	:49.59	2008
60 - 64	Dana Brown	:38.01	2008
65 - 69	Nana Lee Whalen	:54.55	2003
70 - 74	---		
75 - 79	---		
80 - 84	---		
85 - 89	---		
90 +	---		

M

50 - 54	---		
55 - 59	Ron Koch	:29.13	2007
60 - 64	Ken Anderson	:38.30	2004
65 - 69	Ken Anderson	:38.37	2005
70 - 74	J. Bongiorno	:47.20	2004
75 - 79	---		
80 - 84	---		
85 - 89	---		
90+	---		

SWIMMING – 100 YARD BUTTERFLY**W**

50 - 54	---		
55 - 59	---		
60 - 64	Nana Lee Whalen	02:22.6	2001
65 - 69	Nana Lee Whalen	02:29.0	2004
70 - 74	---		
75 - 79	Barbara Eisele	02:50.0	00:00.0
80 - 84	---		
85 - 89	---		
90 +	---		

M

50 - 54	---		
55 - 59	Stevan Connover	01:33.6	2009
60 - 64	J. Bongiorno	02:00.0	2004
65 - 69	---		
70 - 74	---		
75 - 79	---		
80 - 84	Robert Harris	02:24.0	2000
85 - 89	---		
90+	---		

SWIMMING 200 YARD MEDLEY**W**

50 - 54	Janet Theil	03:07.1	2009
55 - 59	Corky Palm	04:22.5	2000
60 - 64	Nana Lee Whalen	04:27.5	2000
65 - 69	Virginia Jelley	03:31.1	2005
70 - 74	Daisy Walsh	05:47.2	2000
75 - 79	Barbara Eisele	05:10.0	2009
80 - 84	---		
85 - 89	---		
90 +	---		

M

50 - 54	B. Johnson	02:32.8	2007
55 - 59	Ron Koch	01:08.2	2007
60 - 64	Carl Raichle	01:40.1	2005
65 - 69	Carl Raichle	01:47.8	2007
70 - 74	J. Bongiorno	02:10.3	2006
75 - 79	Penn Colvin	02:44.0	2006
80 - 84	---		
85 - 89	---		
90+	---		

TRACK & FIELD - 50 METER DASH**W**

50 - 54	---		
55 - 59	Alice Walker	10:10.0	1992
60 - 64	Laura Blount	09:10.0	1992
65 - 69	Josephine Sullivan	08:30.0	1992
70 - 74	Ann Mikell	17.4	1992
75 - 79	---		
80 - 84	---		
85 - 89	---		
90 +	---		

M

50 - 54	---		
55 - 59	Charles Welch	07:13.0	1992
60 - 64	Jack McDowell	08:27.0	1992
65 - 69	Joseph Rogers	04:41.0	1992
70 - 74	Bill Owen	08:30.0	1992
75 - 79	Milton Williams	08:30.0	1992
80 - 84	Al Nellis	11:08.0	1992
85 - 89	---		
90+	---		

TRACK & FIELD - 100 METER DASH**W**

50 - 54	Ann Carter	16:49.0	1996
55 - 59	Ann Carter	17:30.0	1997
60 - 64	Rebecca Robinson	16:27.0	2000
65 - 69	Ann Carter	17:09.0	2009
70 - 74	Josephine Sullivan	17:31.0	1995
75 - 79	Lorena Stanton	21:03.0	2000
80 - 84	Vivian Knapp	30:10.0	2005
85 - 89	---		
90 +	---		

M

50 - 54	Thaddeus Bell	13:35.0	1998
55 - 59	Walt Lancaster	12:53.0	1995
60 - 64	Walt Lancaster	13:38.0	2001
65 - 69	Walt Lancaster	13:32.0	2006
70 - 74	John Poledy	14:50.0	2004
75 - 79	Milton Williams	15:50.0	1992
80 - 84	Milton Williams	16:19.0	1995
85 - 89	George Boucher	28:04.0	2000
90+	Al Nellis	30:15.0	2000

TRACK & FIELD - 200 METER DASH**W**

50 - 54	Ann Carter	:37.52	1996
55 - 59	Ann Carter	:36.08	1998
60 - 64	Ann Carter	:39.11	2006
65 - 69	Josephine Sullivan	:38.48	1992
70 - 74	Josephine Sullivan	:37.32	1995
75 - 79	Barbara Rothwell	:52.91	2008
80 - 84	---		
85 - 89	---		
90 +	---		

M

50 - 54	Thaddeus Bell	:37.03	1998
55 - 59	Charles Welch	:27.08	1992
60 - 64	Walt Lancaster	:27.19	2000
65 - 69	L. Golan	:28.30	2004
70 - 74	John Poley	:31.10	2004
75 - 79	Milton Williams	:33.05	1992
80 - 84	Milton Williams	:35.57	1996
85 - 89	---		
90+	---		

TRACK & FIELD - 400 METER DASH**W**

50 - 54	Bonnie Sotire	1:03.00	2008
55 - 59	Jean Bongiorno	1:27.10	1994
60 - 64	Ann Carter	1:42.00	2005
65 - 69	Ann Carter	1:56.00	2009
70 - 74	Jean Bongiorno	1:39.90	2004
75 - 79	Josephine Sullivan	2:24.10	1996
80 - 84	---		
85 - 89	---		
90 +	---		

M

50 - 54	Michael Stogner	1:02.70	1997
55 - 59	Bobby Hollis	1:05.00	1991
60 - 64	Walt Lancaster	1:07.00	2004
65 - 69	Walt Lancaster	1:14.00	2005
70 - 74	John Monroe	1:21.40	2004
75 - 79	Richard Mandell	1:33.00	2005
80 - 84	Marvin Shoon	1:44.00	2008
85 - 89	Al Nellis	3:00.00	1998
90+	Al Nellis	3:00.00	2000

TRACK & FIELD - 800 METER RUN**W**

50 - 54	Bonnie Sotire	03:25.1	2004
55 - 59	Jean Bongiorno	03:10.4	1994
60 - 64	Marge Hoffman	03:43.9	1994
65 - 69	Marge Hoffman	03:53.8	1995
70 - 74	Jean Bongiorno	03:52.0	2008
75 - 79	---		
80 - 84	---		
85 - 89	---		
90 +	---		

M

50 - 54	Michael Baird	02:35.4	2004
55 - 59	Bobby Hollis	02:35.0	1991
60 - 64	Bob Hart	02:43.9	2001
65 - 69	Bob Hart	03:04.0	2007
70 - 75	M. Schoon	03:31.6	1997
75 - 79	R. Mandell	04:16.0	2005
80 - 84	M. Schoon	04:43.0	2007
85 - 89	George Boucher	05:06.6	2000
90+	---		

TRACK & FIELD - 1500 METER RUN**W**

50 - 54	Octavia Childress	06:46.0	2000
55 - 59	Jean Bongiorno	06:19.0	1996
65 - 69	Mary Thompson	08:59.0	2008
60 - 64	Marge Hoffman	06:58.7	1992
70 - 74	Marge Hoffman	06:55.4	1995
75 - 79	Marge Hoffman	17:08.0	2004
80 - 84	---		
85 - 89	---		
90 +	---		

M

50 - 54	M. McCall	04:53.7	2004
55 - 59	Dick Ashley	05:28.3	1997
60 - 64	Dean Godwin	05:30.9	2000
65 - 69	Dick Lyons	05:47.6	1992
70 - 74	John Monroe	06:52.7	2004
75 - 79	Paul Porter	08:31.1	2004
80 - 84	---		
85 - 89	George Boucher	09:27.0	2000
90+	---		

TRACK & FIELD - DISCUS**W**

50 - 54	Yvonne Hoskins	46' 1"	1997
55 - 59	Yvonne Hoskins	59' 5"	1994
60 - 64	Nancy Becknell	56' 5"	2000
65 - 69	Irmgard Looser	52'	2006
70 - 74	Lavinia McDonald	52' 2-1/4"	2003
75 - 79	Eliza Dazel	48' 2-1/2"	2005
80 - 84	Catherine Causey	31' 7"	1997
85 - 89	Catherine Causey	22' 9-1/2"	2003
90 +	Louise Caison	10' 1-1/2"	2003

M

50 - 54	Doug Felder	118' 4"	2000
55 - 59	Bill Nies	126" 8"	2000
60 - 64	Jack Gilmore	123" 7"	1996
65 - 69	Mark Branham	128' 6"	1997
70 - 75	Mark Branham	117" 9-1/2"	2001
75 - 79	Milton Williams	87" 1-1/2"	1992
80 - 84	Bill Owen	67' 2"	1998
85 - 89	---		
90+	---		

TRACK & FIELD - SHOT PUT**W**

50 - 54	Janet Thiel	22'10"	2009
55 - 59	Yvonne Hoskins	22' 6"	1992
60 - 64	Nancy Cust	23' 1-1/2"	1998
65 - 69	Bernice Polk	23' 10-1/2"	2000
70 - 74	Lavinia McDonald	23' 4'	2007
75 - 79	Lavinia McDonald	21'10.5"	2009
80 - 84	Vivian Napp	15' 11"	2006
85 - 89	---		
90 +	Louise Caison	18' 10-1/2"	2003

M

50 - 54	Michael Hawkins	37'1-1/2"	2000
55 - 59	James Warren	37' 2-1/2"	1998
60 - 64	Robert Puddy	37" 9-1/2"	2006
65 - 69	Mack Branham	37' 4-1/2"	2000
70 - 74	Mack Branham	37' 7-1/2"	2001
75 - 79	Mack Branham	35' 11"	2006
80 - 84	Bill Owen	20' 9-1/2"	1996
85 - 89	---		
90+	---		

TRACK & FIELD - JAVELIN**W**

50 - 54	T. Bonnett	41'3"	2008
55 - 59	Ann Carter	53' 6-1/2"	2000
60 - 64	Margaret Barker	61' 1"	2000
65 - 69	Ann Carter	54'1"	2009
70 - 74	Lavinia McDonald	55' 3"	2007
75 - 79	Lavinia McDonald	47'5"	2008
80 - 84	Laura Green	21'0"	2009
85 - 89	---		
90 +	---		

M

50 - 54	Daryl Nash	100' 11"	2005
55 - 59	Walt Lancaster	107' 6"	1998
60 - 64	Robert Puddy	128' 11"	2003
65 - 69	Walt Lancaster	117' 8"	2005
70 - 75	Frank Vandeventer	87' 11-1/2"	2000
75 - 79	Mark Branham	76' 10"	2007
80 - 84	Bill Owen	50' 7-1/2"	1998
85 - 89	Al Nellis	30' 5-1/2"	1998
90+	---		

TRACK & FIELD - STANDING LONG JUMP**W**

50 - 54			
55 - 59	Suzanne Cox	5' 11"	1992
60 - 64	Anne Witt	5' 4"	1992
65 - 69	Josephine Sullivan	5' 4"	1992
70 - 74	---		
75 - 79	---		
80 - 84	---		
85 - 89	---		
90 +	---		

M

50 - 54			
55 - 59	Pearly Mack	7' 11-1/2"	1992
60 - 64	Ivory Hoskins	7' 3-1/2"	1992
65 - 69	Joseph Rogers	7' 5-1/2"	1992
70 - 74	Bud Varas	6' 6"	1992
	Bill Owen	6' 6"	1992
75 - 79	Jake Franklin	5' 4"	1992
80 - 84	Paul Booth	4' 9"	1992
90+	---		

TRACK & FIELD – RUNNING LONG JUMP**W**

50 - 54	Pat Vest	7'10"	2009
55 - 59	Rebecca Robinson	9' 7-1/2'	1998
60 – 64	Barbara Garrett	10' 1-1/2"	2001
65 – 69	Josephine Sullivan	9' 8"	1992
70 – 74	Josephine Sullivan	9' 7-1/2"	1995
75 – 79	Josephine Sullivan	7' 9"	2000
80 – 84	Catherine Causey	3' 11-1/2"	1997
85 – 89			
90 +			

M

50 – 54	Bob Rockwell	16' 6"	2001
55 – 59	Bob Rockwell	15' 4"	2007
60 – 64	Jerry Barton	14' 1/4	1998
65 – 69	Joseph Rogers	13' 9"	1992
70 – 75	John Polevy	12' 5"	2004
75 – 79	Joe Ronquillo	9' 11"	2004
80 – 84	Bill Beck	8' 7"	1998
85 – 89	---		
90+	---		

TRACK & FIELD – HIGH JUMP**W**

50 - 54	---		
55 - 59	Martha Campbell	3' 2"	1997
60 - 64	Elizabeth Haywood	3'	1998
65 - 69	Barbara Garrett	3' 10"	2007
70 – 74	Josephine Sullivan	3' 2"	1995
75 – 79	Josephine Sullivan	3'	2001
80 – 84	---		
85 – 89	---		
90 +	---		

M

50 – 54	James Warren	4' 11"	1997
55 – 59	Bob. Rockwell	4'10 1/2"	2008
60 – 64	James Warren	4' 9"	2006
65 – 69	Jack Sayers	4' 6"	2005
70 – 74	Jack Sayers	4'6"	2009
75 – 79	Marvin Schoon	3' 7"	2002
80 – 84	Marvin Schoon	3'6"	2008
90+	---		

Track & Field - Triple Jump**W**

50 - 54

55 - 59

60 - 64

65 - 69 Ann Carter 16'5 1/2" 2008

70 - 74

75 - 79

80 - 84

85 - 89

90 +

M

50 - 54 Carl Jones 29'11" 2009

55 - 59 Bob Rockwell 33'8" 2009

60 - 64 Leonard Chapman 27'11.5" 2009

65 - 69 Jack Sayers 27'0" 2008

70 - 74 Jack Sayers 28'5" 2009

75 - 79 Bernard Ditter 16'10.5" 2009

80 - 84

90+